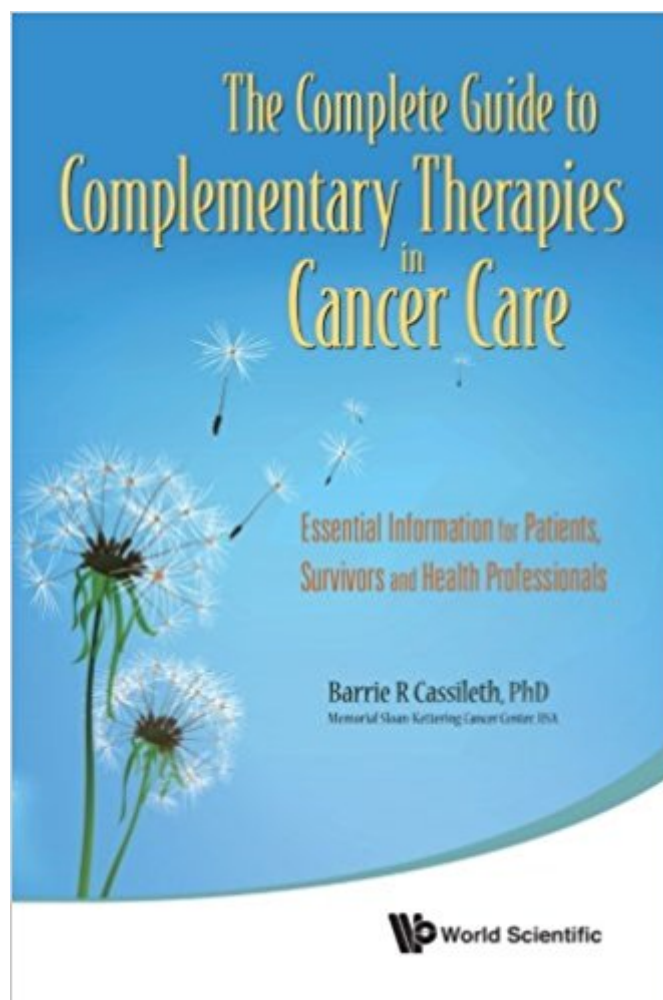




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The Complete Guide To Complementary Therapies In Cancer Care: Essential Information For Patients, Survivors And Health Professionals





Synopsis

With recent clinical advances, millions of people survive many years after a cancer diagnosis. And while their physicians deliver conventional, evidence-based therapies to treat the cancer, sometimes the cancer patient and his or her symptoms are not treated with equal skill. To manage their physical and emotional symptoms and promote health and well-being, most cancer patients and survivors use complementary therapies: Naturopathy, Ayurveda, herbalism, homeopathy, hypnosis, yoga, acupuncture, music therapy, macrobiotics, chelation therapy, colonics, hydrotherapy and many, many more. But . . . are they safe? Are they effective? What problems do they address? What are the risks? When can they help? This unique and comprehensive book guides the way through the often confusing maze of complementary and alternative therapies promoted to cancer patients and survivors. The functions, benefits, backgrounds and risks are clearly presented. Learning when, if and how to use them provides medical professionals, cancer patients and survivors with the information they need to better control the symptoms and side effects of cancer and its treatment. Unfortunately, using some of these therapies without this expert guidance can lead to medical complications, or worse. The Complete Guide to Complementary Therapies in Cancer Care is an invaluable resource in making educated health care decisions for managing life during and after cancer. Through the wise and informed use of these approaches, cancer patients - whether just-diagnosed, during treatment or throughout Survivors are better able to manage the physical and emotional stresses that accompany cancer, leading to symptom control and improved quality of life.

Book Information

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Customer Reviews

This is the Complementary Medicine GPS in Cancer Care for Doctors, non medical practitioners, and patients. Dr. Casileth has been able to share years of research, experience and wisdom in this masterpiece that combine diversity, acknowledgement of beliefs, and, with a friendly language, describes how to use these therapies in a safe way and the benefits we can expect establishing an excellent balance between evidence and beliefs. Pablo Mountford MD Chief of Integrative Medicine Fundaleu, Buenos Aires Argentina Founder President of ASOI (Asociación de Oncología Integrativa) facebook Iceberg Plan Twitter ICEBERGplan

Dr. Cassileth's guide more than lives up to its billing as "essential information." A uniquely visionary thinker, she has written a book that is critically targeted to what really matters to people and is full of empathy without judgment. Plus, her capacity to write simply and clearly is unique. We should be grateful that this achievement is now ours to read, to keep, to share.

This book is a comprehensive guide that provides concise and insightful information to complementary therapies. This is a "must-read" for anyone looking to capture the entire field, written by a true expert.

The book is reasonably short for the huge field it covers. The information is as reliable as is only can be, and nicely prepared by the great specialist.

I was hoping to find encouragement for the use of complimentary and/or alternative therapies but could find very little support of it in this book

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